

HONORING OTHERS:



Bartlett Innovation Unit Hosts First Breast Cancer Awareness Walk



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the echo

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Letter to the Editor

Bambi Kiser | Managing Editor

The ECHO
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To the editor,

My name is William Sumpter, I am an outside trustee on the Memorial Unit, and I am 61 years old. I wrote Darby in 2023 about my ability to jump rope. I was pleased to see my letter printed in the July 2023 issue.

You might remember from my previous letter that I jump rope a lot. I have been doing it for more than 25 years now. I first picked up the rope at the age of 35 when I was at the old Mineral Wells Pre-Release facility — if anyone remembers that place.

My record is 17,145 consecutive jumps without messing up or stopping. It took two hours and three minutes to achieve this. This is my personal best — so far. Once a month I'll jump for 75 minutes, that is a little more than 10,000 jumps. On an average day, I'll jump between 4,500-6,000 times. I normally do these two to four times a week. To me, it is like doing a 5K or 10K run. The only difference is that I can't (or don't) stop for any reason until I accomplish what I've set out to do for that day.

What started out as a fascination with footwork has turned into a hobby and a way of life. It is something that I look forward to doing every day and is also a personal challenge.

This past year I won this unit's jump rope competition. I jumped 4,000 consecutive jumps in 30 minutes — barefooted. The reason that I am writing you is because I've often wondered why you can't use me as one of the guys occasionally highlighted in *The ECHO* with pictures of them working out, along with questions and feedback? I think that I would be a good candidate to be included in the Fitness section, and that it would be beneficial and inspirational to others.

Several guys have asked me this same question over the past few years, so I thought I would ask *The ECHO* if you would mind interviewing me for a possibility of this happening?

William Sumpter
Memorial Unit

To the reader,

Thank you for writing. This continues to be a remarkable accomplishment. We congratulate you for finding a great activity that you enjoy while also promoting a healthy lifestyle. We appreciate your fitness profile offer and will see if this can be worked out. Hopefully, The ECHO's readers will soon be able to enjoy future news of your personal story and success. Keep up the great work!

To the editor,

One of the secrets to happiness is the ability to find it wherever you happen to be in the moment. If a person won't do this, no amount of love or money will help. People often find happiness in hindsight. That means most of us won't realize how good we have it until things get worse — suddenly perceptions shift, and it becomes strikingly apparent. Avoid this trap by finding things to be grateful for right now. There's absolutely no benefit in waiting until later to practice the art of appreciation. If you are one of the many who didn't appreciate freedom until coming to prison, then you know exactly what I mean.

In the book of your life, what you're experiencing now is just one of many chapters yet to come. You're one of the heroes in this story. Not only will you overcome every obstacle that rises before you, but you'll grow, learn and thrive in all circumstances. You're a light in the darkness. Keep shining little star.

Restin Burk
Lynaugh Unit

To the reader,

Thank you for writing and sharing your positive perspective. There is no single secret to happiness, but practicing gratitude and mindfully investing in experiences rather than material things are two components of sustained happiness. You're on the right track; keep going.

Dear Darby | Letters to the Darbster

The ECHO
c/o Windham Admin. Bldg.
P.O. Box 40
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Dear Darby,

The holidays are just around the corner and I want to do something nice for my family. I really miss them. However, I can't afford fancy presents. Do you have any gift-giving suggestions for this year? What do people want? What will make them happy?

Gifted at Glossbrenner

Dear Gifted,

Sometimes it's the smallest things that make the biggest impressions. With that said, The Darbster recommends that you create a simple card showin' your thoughtfulness. Still drawing a blank? No pun intended! Well, think of a memorable moment that you and your family share. Draw that, or a representation of that memory, add a bit of color and a somewhat funny, yet cheesy saying to go along with it. There you go: a very simple, yet affordable present that would mean more to loved ones than some expensive gift. It could mean a whole bunch to someone, so get after it!

Dear Darby,

Thank you for responding to my letter in an earlier issue of *The ECHO*. We are getting together as many recipes as possible. We will send them to you so you can let your readers know to get ready for our mouth-watering recipes. My friends and I are excited to show the world how creative we can be.

Sandra Martiarena
Hobby Unit

Dear Sandra,

I was kickin' it with the Chowhound and I shared your letter with him — he's ready to see what you've got cookin' over at Hobby. We in TDCJ tend to be a bit inventive in our cuisine due to the limitations we face, and I suspect you are taking delicious activity to another level. We look forward to seein' what you come up with!

HELP SHAPE THE ECHO CONTENT

Do you want to be part of *The ECHO*? There are several ways of getting involved.

1. Showcase your artistic talent! Send in examples of your artwork to be highlighted in the Art Expo issues.
2. Send in a delicious recipe for the Chow Hound section.
3. Need advice or want to give out some? Write advice columnist Dear Darby who is ready and willing to help with questions about relationships, daily concerns, general life and prison etiquette.

PERSONAL PERSPECTIVE:

Have you learned something in a class that you want to share with the rest of the readers? Are you getting closer to your reentry date and want to leave some parting words of wisdom? Send a copy of your submission to:

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ATTENTION STAFF:

Do you spend your day repeatedly answering the same question? Is there something you wish the resident population understood better? Are you a facilitator of a graduating program or class? Contact Bambi.Kiser@wsdtx.org and share your idea or information with *The ECHO* readers throughout Texas.



PERSONAL PERSPECTIVE



Forgo Masks, Choose Healing

By Ashley Morrison | *ECHO* Staff Writer

I wonder how many of us wear a mask? Are you like me, and sometimes the mask feels more real than it should? I used to not wear

masks, but that changed over time, so slowly I didn't even realize it was happening before I couldn't separate the masked me from the real me.

I was young (17) when I was arrested. I'd had to grow up quick — be responsible and less of a child from a young age. However, there was still so much mental and emotional growth to come for me.

Have you ever seen a piece of pottery or china so finely cracked that it looked complete, but the minute it was touched, it crumbled? That was me when my grandma passed away. Anybody who knew me understood

I was not OK and I dreaded being asked if I was alright. Then I became angry — angry at the world for my grandma being “taken,” mad at myself for not being there. I refused to let anyone in. Eventually, a friend checked on me and what was finely cracked within me crumbled. There's something good to be said about finding a true friend that shines a light in our darkest places and moments.

Though I'd had a small breakthrough, I still thought I had to be strong, laugh it all off, run from the problem, feed my anger and cope however I felt was best. I hurt the people closest to me because I was trying to run from my own pain. Looking back now, I wish I knew then what I know now, but I had to go through all of those challenges to learn what I now know.

“Looking back now, I wish I knew then what I know now, but I had to go through all of those challenges to learn what I now know.”

What I learned when I finally stopped running and hiding, is that it's OK to not feel OK. I was so used to being a pillar of strength in my family that I had convinced myself that being weak was not OK. However, giving in to our weaknesses, our pain and allowing someone else we love and trust to help us break down that vulnerability shows strength. I learned to embrace the pain of losing my grandma. I thought doing so would be like losing her all over again, but I found it was like finding her still alive and smiling within me.

We live with a stigma as women in our environment that doesn't allow space for others to see your tears. If you need to, wait until you're by yourself to let it all out and don't rush the process. When I started healing, it still took a couple of years to truly be alright. Honestly, we never fully stop grieving our loved ones lost and that's OK. Allowing yourself to be weak doesn't mean you're any less strong — it means you're wise.

Whether it's the loss of a loved one, wasted youth or time we can't get back from behind these walls, it's normal to grieve. I know that anger and laughter make great masks; however, I encourage you to drop the mask, let go of the anger and embrace the pain. It won't be easy. Even now I'm still in the process of healing, but I started somewhere. So can you. €

Why Not?

By Restin Burk | Lynaugh Unit

Why not take this opportunity to turn your life around? Every second you're alive is an opportunity to become someone special, someone who makes a difference. Every moment is a chance for you to grow into something more, to become someone greater than you currently are. Where you put your focus is where you put your power.

Start focusing your energy on what you're dealing with in your

life and where you want to end up. Motivational speaker Jim Rohn asked, "Why not see what kind of person you can become?"

**"YOU ARE GOING TO HAVE
TO GET OUT OF THE BOAT
IF YOU ARE EVER GOING
TO HAVE THE CHANCE
TO WALK ON WATER."**

This can be the turning point that changes your life and the lives of everyone you come into

contact with. It is up to you. You have the potential to become anything you want to be. You have to want it, and you have to believe that it is possible to attain. Separate yourself from the crowd and let your journey begin. Leave the old you behind and embrace the new. You are going to have to get out of the boat if you are ever going to have the chance to walk on water. Take the first step and never look back. You can do it. Now it is time for you to believe in you. €



Bartlett Innovation Unit Hosts First Breast Cancer Awareness Walk



By Phillip Lockhart | Bartlett Innovation Unit Reporter

The Bartlett Innovation Unit held its first Breast Cancer Awareness Walk in October. The brainchild of resident Ramiro Gamboa, the walk was a way to allow participants the opportunity to reflect on those affected by breast cancer. Many of the men who joined in the walk knew someone personally who has battled the disease. Participants took this opportunity to outwardly show support and reflect on those they know who are dealing with breast cancer. Some also took this opportunity to remember those who have succumbed to their battle with the disease.

The realization that breast cancer affects people in all walks of life, including residents and employees, inspired Gamboa to combine efforts with unit administration to help educate others.

“Regardless of our roles in the Texas Department of Criminal Justice (TDCJ), we share common feelings and emotions when it comes to the topic of breast cancer,” Gamboa said. “Warden L. Larson, Recreation and Wellness Officer J. White and Sergeant C. Carranza had integral parts in bringing this idea to fruition.”

This event was also a way to bring vital information about breast cancer to the men on the unit, and some shared their reactions to the event.

“I learned information that I didn’t know, such as, less than one percent of men would be diagnosed with breast cancer according to the American Cancer Society,” resident Destra Cook said. “Also, learning where the pink ribbons came from and the origin of the Susan G. Komen Foundation were things I didn’t

think I needed to know, but it is now definitely great to know.”

Participants also said they appreciated the opportunity to help others.

“It made me feel good to be a part of something bigger than myself,” resident Leonard Ross said. “It was really touching because I was able to reflect about the many women whom I know who have battled breast cancer — especially my close cousin, Diana, who passed away in 2016. The fact that it wasn’t just us [participating], but the officers, too, made it that [much] more special.”

Being able to be supportive of a positive cause while living in incarceration was a commonality amongst resident participants, so a feeling of solidarity reverberated throughout the event. Participants were able to stand for a greater cause, but also offer support to fellow residents who are going through the emotional toll of experiencing a loved one’s positive diagnosis of breast cancer.



Regardless of our roles in the Texas Department of Criminal Justice (TDCJ), we share common feelings and emotions when it comes to the topic of breast cancer.

— Ramiro Gamboa
Bartlett Innovation Unit resident

Editor’s Note: Shout out to the Bartlett Innovation Unit for their display of courage and heart, making this event a success. Susan G. Komen is a breast cancer organization in the United States, focusing on patient advocacy and providing resources for breast cancer patients. The organization is a Texas nonprofit corporation headquartered in Dallas, and it has funded research into the causes and treatment of this disease since 1982. The foundation is named after Susan G. Komen, who lost her battle with breast cancer at the age of 36. It was born from her sister’s love and solemn promise to do something to stop breast cancer from taking more lives.€

Increase Your Understanding of Breast Cancer

What is breast cancer?



In a healthy body, natural systems control the creation, growth and death of cells. Cancer occurs when these systems don't work right. When cells don't die at the normal rate, there's more cell growth than cell death. This excess growth can form a tumor.

Breast cancer occurs when cells in the breast divide and grow without their normal control. Tumors in the breast tend to grow slowly. By the time a lump is large enough to feel, it may have been growing for as long as 10 years. Some tumors are aggressive and grow much faster.

Factors linked to an increased risk:

1. Being born female is the most common risk factor for breast cancer. Although men can get breast cancer, it's about 100 times more common in women.
2. Age is another common risk factor. As you get older, you're more likely to get breast cancer.
3. Being overweight or obese after menopause, drinking alcohol and taking menopausal hormone therapy are all linked to an increased risk of breast cancer. Smoking may also be linked to an increased risk.

From the Susan G. Komen website: <https://www.komen.org/breast-cancer/facts-statistics/what-is-breast-cancer/What-is-cancer?>

Meaning of the Pink Ribbon

The pink ribbon has become the universal symbol of breast cancer, illustrating the cause, raising awareness and bringing together women in solidarity. From a simple piece of ribbon affixed with a pin, we are able to show our support for loved ones battling breast cancer and our hope for a brighter future.

- From The National Breast Cancer Foundation Inc.



The pink ribbon is prominently associated with Breast Cancer Awareness Month, which is in October.

How Common is Breast Cancer in Men?

- From The American Cancer Society website

The American Cancer Society estimates for breast cancer in men in the United States for 2025 are:

- About 2,800 new cases of invasive breast cancer will be diagnosed
- About 510 men will die from breast cancer

For men, the average lifetime risk of getting breast cancer is about one in 726.

Willis Chooses Education for Life-Changing Path

From “Redefining Education in Corrections,” The Windham School District Annual Performance Report, School Year 2023-2024

Growing up in a life marked by instability and negative influences, Anthony Willis entered the criminal justice system as a teenager. Years of trauma and emotional turmoil continued to lead him down the wrong path, ultimately resulting in multiple lengths of time spent with the Texas Department of Criminal Justice (TDCJ). What he didn’t anticipate was that a hard look in the mirror would become the wake-up call he so desperately needed.

“I wanted to make people feel as badly as I did,” Willis said. “It wasn’t until the last time that I went to prison and they were negotiating my case that I realized that I had lost control of my life.”

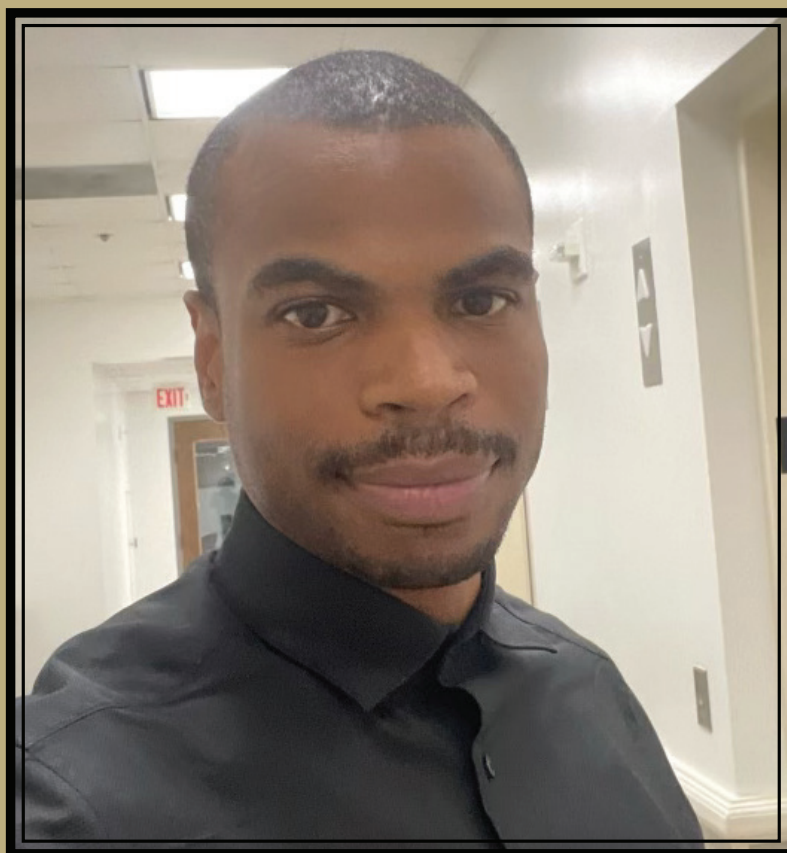
Coming to terms with his past, Willis turned to education as a way to make peace with his choices. He immersed himself in learning, reading anything he could find — including an entire encyclopedia from A to Z — to prepare himself for the next chapter of his life.

“Even in prison, I had chances to do the wrong thing, but I wanted to do something different in my life,” Willis said. “I had that hunger, that this was not how my life was going to end. This is not where it is going to stop.”

Willis enrolled in Windham School District’s Changing Habits and Achieving New Goals to Empower Success (CHANGES) course, inspiring him to think beyond his usual patterns. Designed to foster personal growth and a healthy mindset, the course opened up an entirely new way of thinking for Willis.

“CHANGES affected me the most because it challenged my world view,” Willis said. “It challenged things that I held to be true in my own mind, and I was able to test those against reality. When I did, I realized that a lot of beliefs and values that I had were false.”

Drawing on lessons from Windham’s life skills course, Willis ultimately found success working in the oilfield industry upon reentry after applying for a postsecondary welding program.



“A lot of things that I learned in CHANGES were in my head,” Willis said. “I was thinking about the skills they taught us all of the time, like coping mechanisms and blame shifting. They all stayed with me on a day-to-day basis. I needed to learn how to hold myself accountable, and those lessons helped me do that more than anything.”

Today, Willis works as a peer navigator at the Harris County Public Defender’s Office, building vital relationships between clients and their attorneys as they navigate the justice system, offering the support he once needed himself.

“I can tell these individuals that I’ve been to prison, that I’ve been in their shoes,” Willis said. “It is just a different level of relief when they hear from somebody who’s been there.”

Willis provides crucial support to individuals still incarcerated within the Texas prison system. Education remains a top priority for him, and he encourages those in his former position to pursue learning as a path forward.

“I would say that your mind is probably your strongest weapon, and if you can equip your mind, you can navigate anything in life,” Willis said.

As he navigates his new life, Willis sees himself as a reflection of those still incarcerated. He reminds them that, regardless of their current situation or past excuses, they too can achieve their own version of success.

“I am most proud of being a representation of those who [were] incarcerated,” Willis said. “I feel like I carry those people with me everywhere I go. I’m the representation of what can happen when somebody takes their life seriously.” €

Windham Showcases Hands-On Construction Skills in Partnership with Paxton/Patterson

News Release from Windham School District



to complete their assigned lab. Throughout the demonstration, they engaged with attendees by answering questions, reinforcing their understanding and applying what they were actively learning in real time.

“This type of event gives students the opportunity to demonstrate their ability to process instructional content and apply it to real-world construction tasks,” Smith said. “The video-based instruction is especially valuable. It allows multiple student teams to explore different topics simultaneously, while supporting their learning with the most current and relevant information available.”

Known for their hands-on, problem-based approach, Paxton/Patterson designs real-world college and career preparation labs that enhance classroom instruction. Their model combines short video modules with interactive components, allowing educators to tailor learning experiences to meet specific skill needs and student goals.

“Our programs are just a tool in the hands of skilled practitioners — the possibilities are unlimited,” Paxton/Patterson representative J. Wilkinson said. “Our programs provide students with a bright and clear path to career-connection and opportunity. It is very powerful.”

Following the demonstration, one student was selected to share their thoughts on the labs. The student said that the video component, which information technology (IT) uploads onto laptops for the students, is very useful for those who may not

get a clear picture from reading the textbook.

The Huntsville campus is one of two Windham campuses selected to pilot the Paxton/Patterson construction careers lab. It is the first, and most active, campus lab utilizing these materials in the classroom. Windham plans to implement the Paxton/Patterson labs within more CTE classrooms in the future.

Through its collaboration with Paxton/Patterson, the district is advancing educational excellence by embracing innovative, future-focused learning. With a strong commitment to modernized teaching practices, this partnership is designed to create lasting, positive outcomes for students and educators alike.

“Windham is a partner, not a client,” Wilkinson said. “[The district’s] size and leadership in education make it a powerful influence, and we’re confident this collaboration will help expand our impact nationwide. We’re excited about the opportunity to grow this partnership across more Windham campuses in the near future.” €

On September 19, Windham School District’s Huntsville campus hosted its first construction careers skills demonstration using lab materials provided by industry partner Paxton/Patterson. The demonstration was followed by the East Texas Regional Business and Industry meeting, where representatives of Paxton/Patterson discussed in-depth how their labs can further enhance Windham’s career and technical education (CTE) offerings.

During the demonstration, W. Smith — 2025-2026 CTE Teacher of the Year and recipient of the Lane Murray Excellence in Teaching Award — led his Introduction to Construction Careers students in showcasing their skills in electrical work, plumbing, blueprint reading and hand tool operation. The audience included CTE instructors, East Texas campus principals and representatives from Paxton/Patterson.

The students began by watching an instructional video, then collaborated to problem-solve, communicate and use various tools

From the Paxton Patterson LinkedIn Page

Paxton/Patterson College & Career Ready Labs provide college and career preparation for multi-levels of students. This learning system utilizes problem-based education and real-world technology. Programs concentrate on STEM Education, Health Science Careers and Architecture & Construction.

The ECHO's Newest Members Expand Coverage in Texas

By Murry Unit | ECHO Staff

Writing a New Chapter

In the past, women have contributed to *The ECHO* in a plethora of ways; however, there was no office established on a women's unit to collaborate with the team at the Wynne Unit. This changes with a new office staffed by three women at the Murray campus.

This new chapter in the partnership between the Texas Department of Criminal Justice (TDCJ) and Windham School District (Windham) allows for an energetic blend of ideas, perspectives and talents.

"This endeavor creates new opportunities for women residents to create content and provide different perspectives, which will allow readers to learn more," *ECHO* Assistant Managing Editor Blair Dupre said. "The staff and I are now in the new *ECHO* office preparing for upcoming coverage, and we are hitting the ground running."

Pricila Maumalanga, Ashley Morrison and Kelly Roddy were selected from among several qualified candidates to become the first women serving as resident staff members of *The ECHO*. They are eager to be part of this exciting undertaking while working long distance with the Wynne Unit team. €



Looking for the Future

Without the partnership between Windham and TDCJ this opportunity would not be possible, according to the team's supervisor. "I am grateful for the support of Bambi Kiser, managing editor of *The ECHO* and her staff at the Wynne campus, the communications team at Windham, Murray Warden Kamilah Coger, Murray Principal S. Cazares and all of the Lane Murray, Windham and TDCJ staff," Dupre said. "Their efforts and support have laid the foundation for us to be successful in making *The ECHO* even better." €



"This endeavor creates new opportunities for women residents to create content and provide different perspectives, which will allow readers to learn more."

— B. Dupre,
ECHO Assistant Editor



Pricila Maumalanga

Maumalanga has accomplished numerous achievements as a TDCJ resident. Through Windham, she has learned skills in Introduction to Graphic Arts and Introduction to Construction. She has also received certificates of completion for many fundamental classes, including Cognitive Life Skills, Overcomers, Voyagers and Bridges to Life. Maumalanga has grown personally at the unit by serving as a member of the Lane Murray band, learning to play the drums and overcoming her fear of singing and writing music.

She credits the late R. Green, who taught Introduction to Graphic Arts for Windham, for supporting her through his Graphic Arts curriculum and believing she could be one of the few chosen to work for *The ECHO*.

“Mr. Green was a positive influence and was absolutely brilliant in his field,” Maumalanga shared. “He believed we could be transformed and we could go after anything we wanted, but we had to start the change in here.”

Training and teaching her how to edit and create different page layouts, Green became a vital part of Maumalanga’s journey to *The ECHO*. After a visit from Murray Principal S. Cazares to Mr. Green’s classroom to share the news of the new *ECHO* office, Maumalanga grew excited about the opportunity.

“I wanted this job because it was one of my dreams before it even became a possibility,” Maumalanga said. “We get to contribute in the same way the Wynne staff members do, and it is revolutionary to be part of an event that could really change the world on a macro-level, starting at this campus. Some people plant the seeds and others water them, but we are lucky to harvest the fruits with the support of TDCJ and Windham.

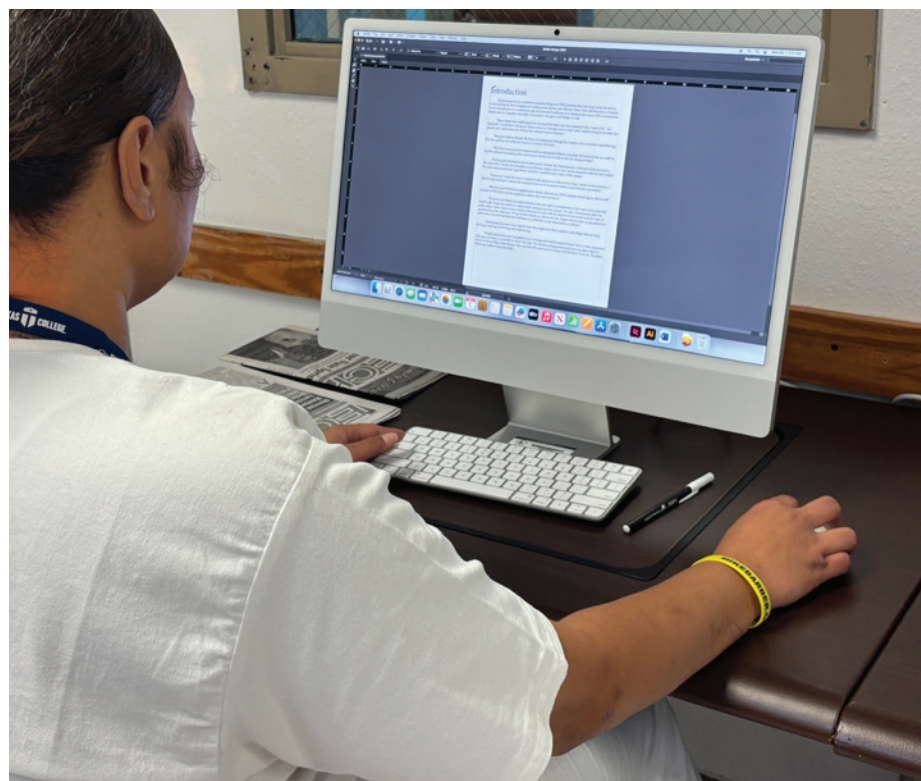
We get to learn hands-on, side by side with Ms. Dupre. She has been in journalism for quite some time and is prepared to teach us the skills required in journalism.”

Maumalanga said she is ready to write stories that are transforming, inspiring, motivating and empowering.

“People need to hear your incredible story of change and transformation because there is that one person who may not think it is possible for them,” Maumalanga said. “It is all about being present and showing others it is never too late to follow your dreams. The possibilities are endless if you have faith.” €

“We get to contribute in the same way the Wynne staff members do, and it is revolutionary to be part of an event that could really change the world on a macro-level, starting at this campus.”

— Pricila Maumalanga,
Murray Unit *ECHO* staff member





Ashley Morrison

Morrison always had a love of writing, but she first discovered her love of graphic design in the Carpentry/Computer Numerical Control (CNC) class offered at the Hobby campus. She utilized a graphic design program for carpentry purposes, and from there, her computer skills and thirst for knowledge grew.

Once she graduated from the CNC class, she resumed working at the Hobby Print Shop. When the opportunity to enroll in the Graphic Design apprenticeship program presented itself, she eagerly applied. Led by Assistant Plant Manager C. Beck, she continued to grow in the program over the next year-and-a-half. Morrison expressed gratitude for that apprenticeship.

“It became something I just wanted to keep doing and learning,” Morrison said. “The possibility of being able to take these skills with me when I re-entered my community pushed me to challenge myself. Mr. Beck and the teacher’s aides helped me to do that.”

After graduating the apprenticeship program, she

“This is a once in a lifetime opportunity to combine everything I’m passionate about. I’m so grateful and eager to help give women a bigger voice and to continue growing and learning myself.”

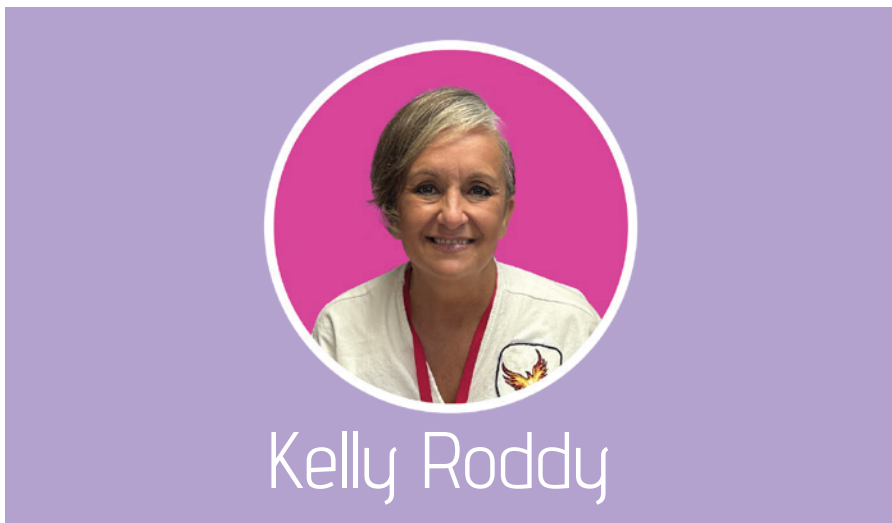
— Ashley Morrison,
Murray Unit ECHO staff member

heard about the new *ECHO* office opening at the Murray campus and eagerly applied.

“This is a once in a lifetime opportunity to combine everything I’m passionate about,” Morrison said. “So, I applied. I was not expecting to be chosen, but I was hopeful. I’m so grateful and eager to help give women a bigger voice and to continue growing and learning myself.”

Now with the guidance of Ms. Dupre and other staff members, Morrison is ready to embark on this journey to represent women, growth and knowledge. €





Kelly Roddy

Roddy's journey to *The ECHO* staff began nearly eight years ago at the Hobby Print Shop. The dedicated staff, insightful mentors and critical training allowed her to develop valuable skills in the printing business. This is where she completed the Graphic Design apprenticeship program through the guidance of Mr. Beck, assistant plant manager.

"I loved my experience with the Hobby Print Shop," Roddy said. "Not only did I develop skills that would be marketable outside of prison, but I learned how to express myself artistically and open myself up to other students throughout the process."

Roddy spent time in various programs at the Hobby campus, but found the Faith Based Dorm to be instrumental in her healing and growth. Under the tutelage of Nelly and Bruce Lisenby, Roddy said she learned to heal from trauma, expose her fears and to have compassion for others regardless of their beliefs and personalities. This helped her transition into her most recent role as a life coach within a dynamic team at the Hobby Unit.

"Becoming a life coach fueled a passion



"This next season is providing me the opportunity to be a voice for women in incarceration everywhere and highlight the incredible achievements they have accomplished in the face of adversity."

— Kelly Roddy,
Murray Unit ECHO staff member

within me to help women and plant seeds that cultivate into a positive impact in my community," Roddy expressed. "I realize how devastating crime can be on a community, and I have been granted an opportunity to give back and restore what I fundamentally destroyed by my past choices."

The transition to *The ECHO* was a step of faith for Roddy. With her heart invested at the Hobby Unit, she said, "Yes" to the opportunity, knowing if she was selected, she would be transferring to the Murray Unit.

"Change can be scary, but I am open to God's will for my future, regardless of the challenges. In addition, I could never have expected how warmly Lane Murray would receive me," Roddy said. "The life coaches immediately took me under their wing, and the warden and staff helped me transition seamlessly."

Roddy takes her role at *The ECHO* very seriously. The ability to be the voice of encouragement, strength and hope for women across the state is a dream come true.

"This next season is providing me the opportunity to be a voice for women in incarceration everywhere and highlight the incredible achievements they have accomplished in the face of adversity," Roddy shared. €



Please send us descriptions and photos of your events and achievements. Make sure photos are in color and in the highest resolution possible, and provide full names of all participants, if desired. Write to: *The ECHO*, c/o "Lace Up," WSD Admin. Bldg., P.O. Box 40, Huntsville, TX 77342-0040.

ALLRED UNIT



Allred Unit Holds CrossFit Tournament

The Allred Unit recently wrapped up a Cross Fit tournament. Participants displayed motivation, discipline, strength and endurance. During the tournament, participants were cheered on by their peers and unit staff. Events like this emphasize how fitness enhances focus and confidence while fostering friendly competition.



Allred Unit Hosts Table Tennis Tournament

Residents of the Allred Unit put quick thinking and coordination skills to the test on the ping-pong table. The matches were intense, with a few underdogs coming up with a win. Overall, the tournament was engaging for participants and observers, as it brought residents together for positive fellowship.

BARTLETT INNOVATIVE UNIT



Windham Introduces Renewable Energy Class

The Renewable Energy program is underway at the Bartlett campus. This class provides students with high-quality instruction and workforce training in the rapidly-growing industry of renewable energy. This program is a powerful example of Windham School District (Windham) creating pathways to empower students and transform lives through career-focused education.



Unit Celebrates Leashing Hope Graduates

The Bartlett Innovation Unit held a graduation ceremony for Ranger, Ada, Paco and Elroy (shown in photo), shelter dogs training with resident military veterans in the Leashing Hope program. A ceremonial ringing of the bell at graduation marked the dogs' completion of the program. The dogs are now fully trained and ready for adoption at the Williamson County Regional Animal Shelter. The Leashing Hope program allows residents to teach shelter dogs basic commands and socialization to increase chances of adoption. For the veterans, the program provides a sense of purpose, responsibility and a chance for personal growth while helping others.

BOYD CAMPUS



Windham CTE Connects with Employers

Students at the Boyd campus connected with second chance employers to learn about future job opportunities. Employers emphasized the value of hands-on skills being taught in the Horticulture and Urban Farming, Automotive Fundamentals and Construction Carpentry classes. These partnerships pave the way for successful futures — and ensure students are career-ready when they return to their communities.

CLEMENS UNIT



Clemens Unit Hosts Softball Tournament

Residents at the Clemens Unit participated in a softball tournament against visitors from Christ Hope and Reconciliation Ministry (CHARM). The residents formed several teams that competed in the tournament against CHARM players. Other residents were able to enjoy the games as spectators and cheer on their favorite team.

CLEMENTS CAMPUS



Ambassador Siv Visits Clements Campus

Ambassador Sichan Siv, a member of the Windham Board of Trustees and the Texas Board of Criminal Justice, recently visited the Clements campus. He shared an inspiring story with students in the Finish Carpentry class, highlighting the importance of gratitude and active participation in skills demonstration within the classroom. His visit emphasized his ongoing support and role in enriching educational experiences.

CONNALLY CAMPUS



HSE Graduation Highlights Educational Wins

The partnership between the Goodwill Excel Center and Windham made it possible for graduates at the Connally campus to obtain their high school equivalency (HSE) certificates. This achievement puts the graduates on the path to continuing their education and creating bright futures.

CRAIN UNIT



Unchained Hope Fest Provides Worship Experience

Earlier this year, the Crain Unit hosted its Unchained Hope Fest. The Texas Department of Criminal Justice transported other residents in from surrounding units to participate. In addition to encouragement and prayer, Christian hip-hop artists ASAP Preach, Big Yeet, Brother Bo and Adrian Butler with God Made Muzic provided a powerful worship experience for participants.

ESTELLE UNIT



Estelle Unit Holds G4 Crossroads Graduation

The Estelle Unit recently celebrated the graduation of its first cohort of G4 residents from the “Crossroads” housing initiative. This program, facilitated by the Estelle Unit in partnership with volunteers from Sugar Creek Baptist Church, is designed to support the residents’ journey toward rehabilitation and reentry. By addressing the root causes of incarceration, Crossroads empowers residents with skills and resilience to break the cycle of recidivism and build a life of purpose. These graduates have demonstrated exceptional commitment and personal growth, completing rigorous coursework and studies in cognitive and religious disciplines.

ESTELLE UNIT



CHOICES Graduation Takes Place

The Estelle Unit recently hosted a graduation ceremony for young adults who completed the CHOICES program. CHOICES employs mentors to educate new and young adult residents about how their choices impact their lives. The central message of the program is that a few poor decisions do not define individual character. The graduates were joined by Rehabilitation and Reentry Division administrators, unit administration and family members to celebrate their achievement.

HALBERT CAMPUS



Windham Celebrates HSE Graduates

Graduates from the Halbert campus have successfully earned their HSE certificates. This achievement reflects their commitment to personal and academic growth.

HILLTOP UNIT



Hilltop Kicks Off Chess Club

The Hilltop Unit recently held its inaugural meeting of the Hilltop Chess Club. Members stepped up to the challenge, where they played against new competitors while sharpening their strategies. The club plans to meet bimonthly, offering players a chance to learn new moves, expand their skills and create new strategies.

HUGHES UNIT



Mike Barber Brings Ministry to Hughes

Mike Barber Ministries recently baptized more than 151 residents at the Hughes Unit over several days. The baptisms represent a movement of rededication to God while experiencing the love, grace and freedom found in Jesus.



Windham Barbering Class Builds Employable Skills for Students

Students in the Barbering class at the Hughes campus practiced skills they have mastered on (visiting) Windham Superintendent Kristina J. Hartman and Assistant Warden C. Adkins. The Barbering class teaches students a multitude of styles like braids or clipper fades and soft skills including professionalism and customer service.



Residents Create Native American Garden

Hughes Unit residents have been working to nurture their new Native American Garden. They grew nearly 80 pounds of produce from their first two harvests. Their dedication is paying off, and the unit looks forward to more successful harvests in the future.



Hughes Band Promotes Mental Health Awareness

The Alfred Hughes Veteran Band brought live performances to every building with the goal of raising awareness and fostering conversations about the realities of depression and poor mental health. Through the power of music and personal testimony shared by those who've been impacted, the event promoted reflection, healing and unity. The closing ceremony in the chapel emphasized that this mission extends to everyone, not just residents, reminding them that they matter.

LEWIS UNIT



Career Day Highlights Employment Skills, Features Guest Speakers

Windham's Lewis campus hosted a College and Career Day with representatives from Workforce Solutions, Lee College, Windham's Apprenticeship and On-the-Job Training and College and Career Readiness departments. During the event, guest speaker Chase Barrett, a Windham alumnus, shared his journey to success in the heating, ventilation and air conditioning industry. Windham extends its appreciation to all partners who helped make this event a valuable experience for students.

MURRAY UNIT



Free Throw Contest Sparks Competition

More than 15 residents participated in a free throw contest this fall. Daniella Chavez took first place with a score of 10, followed by Kimbria Lavan in second and Linda Harden in third.

O'DANIEL UNIT



STRIVE Graduates

Honor Former TDCJ Executive Director Bryan Collier

The O'Daniel Unit recently hosted a graduation ceremony for STRIVE Cohort 34. During the ceremony, STRIVE graduates presented a painting dedicated to former TDCJ Executive Director Bryan Collier as a token of gratitude for his leadership and the opportunities he created. The painting depicts challenge coins, each representing a cohort, hanging from an oak tree — representing a new legacy. Collectively, the painting symbolizes the fruit of the seeds Collier planted in 2019 that continue to bloom.



O'Daniel Unit Hosts Talent Show

Residents at the O'Daniel Unit, under the leadership of Officer Ellis, recently organized a talent show for their peers. The day was filled with inspiring, uplifting performances of song, dance and poetry. The event was a creative way to bring residents together while fostering teamwork and healthy competition.

Polunsky Unit Recognizes IPSUTP-TP Completers

The Polunsky Unit's In Prison Substance Use Treatment Program — Technology-Assisted (IPSUTP-TP) recognizes positive behaviors and attitudes, awarding certificates to participants who reflect these favorable attributes. There are three phases of the program, and residents were recognized during phase two for the following: Best Attitude, Downright Dedicated, Most Motivated, Most Improved, Exceptional Leadership, Positive Peer Award, Rising Star, Magnificent Mind and Champion of Change. Congratulations to these residents for taking the steps toward self-improvement.



Polunsky Unit Draws Attention to Wall Art, Motivational Messages

The Polunsky Unit recently brightened its walls with graffiti-style painting — a powerful artistic form of expression. Residents Ayers and Pierce created some of the art and say they hope the paintings give others a sense of hope and connection while sharing beliefs and values. Graffiti can be used as a starting point for positive conversation, potentially resonating with people from diverse backgrounds. These paintings promote positive, motivational messages in an impactful way.

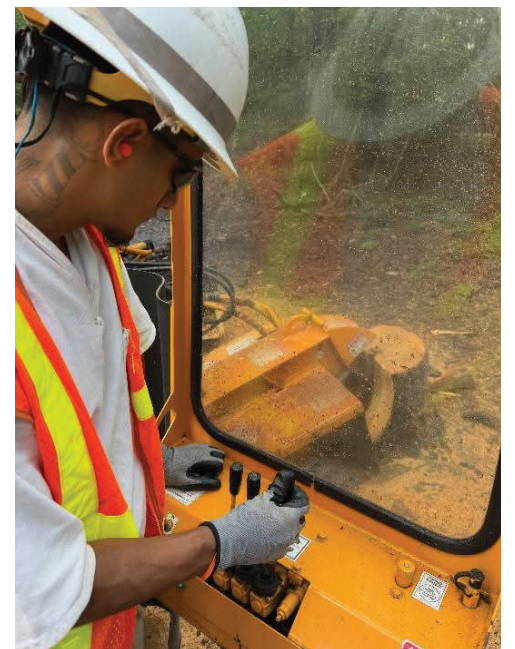


Polunsky Unit Holds IPSUTP Graduation

The Polunsky Unit recently held a graduation for cohort four of the In Prison Substance Use Treatment Program. Over the course of six months, the graduates learned how drugs impact the brain and body, anger management and cognitive intervention. They also received individualized substance use treatment counseling sessions to tackle their relapse triggers and obtain coping skills.

Polunsky Recognizes Community Service in Park

Officer Matthews is teaching his community squad how to stump grind at Livingston State Park. The community squad keeps the state park well-maintained and looking beautiful, and its hard work makes the park an enjoyable place to visit. Thank you to the community squad for their efforts in caring for the park.



ROBERTSON UNIT



Robertson Unit Hosts Sports Ministry Event

This summer, the Robertson Unit Recreation department welcomed the Texas Sports Reach (TSR) Softball and Ministry Team back to the unit. TSR is a ministry committed to sharing personal testimonies along with the Gospel of Jesus Christ to residents through softball. Their purpose is to connect with residents who are struggling. TSR has been visiting Texas prisons since 1998. In that time, they have travelled to over 60 prisons in nine states, playing in more than 1,000 softball games. The men with TSR played in four games against resident softball teams. As history has shown in their previous visits, the TSR softball team remains undefeated.



Robertson Unit Holds Let's Go Launch Event

The Robertson Unit recently held a graduation ceremony for the first class of the Let's Go Launch program. During the graduation, each graduate was allotted five minutes to pitch their business concept and entertain questions from the judges. Let's Go Launch is an intensive 12-week course guiding students in the development of a custom business plan. The course presents subject matter pertaining to business planning, branding and marketing. Congratulations to all graduates of the Let's Go Launch program.

Stiles Unit Recognizes Self-Harm Prevention Coaches

By Arthur Sterns
Unit Reporter

The Self-Harm Prevention Coaches are one of several groups on the Stiles Unit that is designed to help keep their fellow residents safe. Many residents are encouraged by the advice and guidance these men offer. Their service gives their fellow residents a place of confidential refuge. The coaches are there for all, so it is wise to get to know the self-harm prevention men on the unit. A huge thanks goes out to these men for their efforts.



Stiles Unit Hosts Basketball Tournament

By Arthur Sterns
Unit Reporter

The Stiles Unit recently held its 40 and above basketball tournament. The event provided residents with the opportunity to engage in camaraderie and fitness. The games were very competitive, but integrity and good sportsmanship were on display as well. Congratulations to the champions.

TELFORD UNIT



Campus Holds Joint Graduation for Windham, Texarkana College

Congratulations to the graduates from Windham and Texarkana College. In June, Telford hosted a ceremony honoring those that earned their HSE, career and technical education (CTE) certificates for Small Engine Repair, and apprenticeships in HVAC and General Building Maintenance. The first graduating class with the Texarkana College Welding program was also honored.

WAINWRIGHT UNIT

Wainwright Hosts Resurrection Services for Residents, Families

By Thomas Bradley
Unit Reporter

The Therapon program at the Wainwright Unit fosters reconnection with family. The participants gathered together to show their families that they were serious about change and beginning the healing process. The directors of Therapon, L. Brown and C. Brown, went on to encourage participants to remain diligent, patient and persevere through their daily trials so that they might become the men they were meant to be.

Windham Offers High School Equivalency in Wainwright's Restrictive Housing Area

By Thomas Bradley
Unit Reporter

The Wainwright campus recently announced the start of its Restrictive Housing High School Equivalency (HSE) program, Face to Face. Windham Principal B. Henderson explained this program is currently located on four campuses for eligible residents: Ferguson, Wainwright, Murray and Ware. The McConnell Unit will also soon host the program. Face to Face covers the same courses and testing available to students in Windham's academic program, and is designed to inspire hope and support a transition toward integration, first into the general population, and ultimately to their communities. At the Wainwright campus, eligible students

CONTINUED ON PAGE 27

WAINWRIGHT UNIT

CONTINUED FROM PAGE 26

are housed together to allow for coordinated escorts to and from the classroom. Students attend classes at least once a week, with additional support provided through their personal tablets and packet instruction. Assignments are sent to students through the Edovo app.

The duration of each student's participation in the program depends on their individual progress. Once a student's educational assessment scores are assessed, Windham instructor J. Crowson develops a personalized study plan. As students demonstrate progress, they may be retested to determine eligibility for the HSE exam. Crowson emphasized that students must be actively engaged in the program and consistently showing improvement in order to qualify for HSE testing and to remain enrolled.

Along with other programs such as the Gang Renouncement and Disassociation (GRAD) program, this academic opportunity offers hope to residents that they would have the education and knowledge to lead more productive and responsible lives — in both TDCJ and their communities.

Students in the program have expressed genuine excitement about returning to the classroom. B. Solis shared his gratitude for a second chance and said he's eager to continue his education, especially if higher learning opportunities become available. His ultimate goal, he said, is to work with low-income families and help build affordable housing.

C. Pimental said the program has inspired him to better himself and he is enjoying the opportunity to earn his education. M. Borjan emphasized that education is helping him develop a sense of self-worth and responsibility.

P. Perez expressed a desire to use education as a tool to build a more positive future. While working toward his HSE, he said he's begun to repair family relationships and gain their support. He said his family has been encouraged by his commitment to change.

Plans for this program include expansion and more student access. As additional technology is implemented, Windham and postsecondary partners plan to expand access to prospective student populations in settings where access has historically been challenging. In addition, a restrictive housing pilot program is coming that integrates additional technology.

WINDHAM

Windham Recognizes Accomplishments

Congratulations to graduates from Windham campuses. Each ceremony celebrated the determination and success of students in their educational journey through HSE or CTE classes.



Allred campus



Holliday campus



Lopez and Segovia campuses



Wainwright campus



Wynne campus



Prison Fellowship Growth Program Welcomes First Graduates at Wynne

By Robert Morgan
Staff Writer

The Prison Fellowship Growth program at the Wynne Unit recently graduated its first cohort. Graduates completed the year-long course that seeks to disciple men and women living in incarceration in the Word of God, while also improving behavioral patterns and learning to deal with relationships healthily and effectively. Program facilitators and volunteers strive to model integrity, affirmation, community and productivity for the population they serve. Congratulations to both the graduates and to the Prison Fellowship Growth program volunteers for their dedication.

Department Workers Square Off in Fitness Contest

The Wynne Unit recently held a fitness contest with residents from different departments competing in their department's name. Teams competed in various workout challenges such as pullups, four-man pushups, three-man wheelbarrows, fireman carries and relay races. Congratulations to the Computer Recovery department for coming out on top!



Unit Sponsors Day with Dads

By Robert Morgan
Staff Writer

The Wynne Unit recently sponsored its annual Day with Dads event. The event was sponsored by Brothers Keepers Ministry, which was founded upon the inspiration of former resident Reggie Hicks. "Day with Dads is special to me because I know how important it is for men reintegrating back into society to be connected to their families and to people that love and support them," Hicks said. "It's an opportunity for them to come together for eight hours, to eat breakfast and lunch together, to pray together and to have a good time."

Recreation and Wellness sponsors 4-in-1 Tourney with Windham

Wynne Unit's Recreation and Wellness department in collaboration with Windham recently held a 4-in-1 tournament for residents. Participants competed in a variety of classic games including, checkers, dominoes, Scrabble and more. Congratulations to all winners and a special thanks to all who participated.



Photos for Lace Up come from *The ECHO*, TDCJ and Windham social media posts.

Sports View

An Open Letter to Dallas Cowboys Owner Jerry Jones

By William Hill | Staff Writer

This sports column represents the viewpoints of sports fan and sportswriter Will Hill, reflecting his opinions and observations. These opinions do not represent official opinions of TDCJ or of *The ECHO*. Enjoy them; respond to them. *The ECHO* welcomes your letters and input!



Dear Mr. Jones,

I am writing this letter in order to express some misgivings I have concerning our favorite National Football League (NFL) team — the Dallas Cowboys. First, let me say I know you are the owner and general manager of the team, and therefore you can manage it any way you see fit. However, you need to understand that fans are also heavily invested in their favorite team.

Personally, I have been a Cowboys' fan for far more years than you have been their owner. My first Halloween costume consisted of a replica Roger Staubach #12 Dallas Cowboys jersey and a silver-colored plastic helmet with the iconic blue star emblazoned on the side, so don't tell me I'm not invested in the team.

Since you bought the Dallas Cowboys franchise from "Bum" Bright in February 1989, you have made several moves that made die-hard fans such as I shake our heads. To be fair, some of those moves proved to be correct in the long run.

However, some of them did not.

After purchasing the team, you fired Tom Landry, the only head coach the Cowboys ever had, and you replaced him with your old college teammate, Jimmy Johnson. I admit I was one of the fans screaming from the rooftop that you did not know what you were doing and should go back to your Arkansas oil fields. However, after the team won three Super Bowl titles in four seasons, even I had to admit hiring Johnson was a great move.

Then your ego seemed to get the best of you, and you fired Johnson in March of 1994.

Yes, I know technically you claim you never fired Johnson and it was simply a mutual agreement to part ways due to an inability to work together. That is a polite way to fire people. I believe you really wanted more say in on-field operations, and Johnson did not want to relinquish authority over personnel decisions — so one of you had to go. A universal truth in professional sports is that owners are never fired.

After Johnson led your franchise to back-to-back Super Bowls, you made the disparaging statement, "Five-hundred coaches could have won the Super Bowl with our team." Yeah, I know the bootlegger's son, Barry Switzer, came in and won a title, but let's be honest, that was with the team

Johnson had assembled. Since then, you are still attempting to find one of those 500 coaches because you have gone through seven of them without even a sniff of another Super Bowl appearance, much less hoisting the Lombardi Trophy. Bad move, Jerry.

Of course, all of that is ancient history, apparently, just like the days of yore when the Cowboys were perennial title contenders. However, the reason I am writing this letter now is due to a couple of decisions you have made during the past couple of years.

“

“I have been a Cowboys’ fan for far more years than you have been their owner. My first Halloween costume consisted of a replica Roger Staubach #12 Dallas Cowboys jersey and a silver-colored plastic helmet.”

Before the 2024 NFL Draft Combine in Indianapolis, you made the statement that the Cowboys were “all in.” I admit, I took the bait — hook, line and sinker. In my own defense, however, I interpreted your statement through the lens of what other teams mean when they say they are all in. They mean they are going to do everything in their power to win a championship right then, even if it means mortgaging the future. Obviously, that was not what you meant because you declined to go after any of the big-name free agent running backs that were on the market, such as Saquon Barkley or Derrick Henry.

You did not even talk to either of those players, even after Henry declared his interest in playing for the Cowboys. All Barkley did after signing with the Philadelphia Eagles was lead the league in rushing with 2,005 yards and help the Eagles win their second Lombardi Trophy in the past seven seasons. Henry was not bad, either, rushing for 1,921 yards for the Baltimore Ravens. Do you remember who the Cowboys’ leading rusher was in the 2024 season? The answer is Rico Dowdle with 1,079 yards and two touchdowns. I’m not saying that Barkley or Henry would have made the Cowboys title contenders in 2024, but maybe you would not have gone 7-10 and missed the playoffs. Bad decision.

Then again, maybe that is on me for believing that you were speaking the same language as other owners. The Eagles are all in for competing for championships. The Ravens are all in for competing for championships. Honestly, the only thing you seem to be all in on is winning the battle of sound bites.

You consistently talk about wanting to win another Super Bowl. I believe you are being sincere when you say that, but every NFL owner wants to win a Super Bowl. However, as my old high school football coach use to tell me, “I can’t hear what you are saying because your actions are drowning out your words.” What he meant is my insistence of wanting to win a state championship was being drowned out by my practice habits, or rather my lack of practice habits. I have to tell you, trading away your best player on defense is drowning out your claims of wanting to win.

I foolishly thought this off-season could not possibly be any more dramatic than the previous year when you waited until hours before the season opener to sign quarterback Dak Prescott to an extension. Was I ever wrong. You had on your roster a-once-in-a-generation type player who is on a Hall of Fame trek in the person

“

“I foolishly thought this off-season could not possibly be any more dramatic than the previous year when you waited until hours before the season opener to sign quarterback Dak Prescott to an extension. Was I ever wrong.”



of Micah Parsons, yet you foolishly decided to trade him for what amounts to a bag of peanuts. In four very productive seasons for the Cowboys, Parsons garnered 52.5 sacks, 112 quarterback hits and nine forced fumbles. He also joins Hall of Famer Reggie White as the only players in the 103-year history of the NFL to have four consecutive seasons with 12 or more sacks, and Parsons accomplished it in his first four years in the league.

Do you know why Johnson was able to build a roster that won three championships in four years? Because he understood this one fundamental truth: NFL games are more about the Jimmies and Joes than the X’s and O’s. To be a successful team, a championship-caliber team, you need championship-caliber players. Johnson stocked your roster with Troy Aikman, Charles Haley, Michael Irvin, Deion Sanders and Emmitt Smith. Do you know what each one of those players have in common? They are all members of the Pro Football Hall of Fame — along with you and Johnson.

As I said earlier, you have the right to run or ruin your team as you see fit. However, if you are serious about wanting to win another Super Bowl, before you make any personnel moves, ask yourself this one question: What Would Jimmy Do?

Sincerely,

Will Hill



Unsolved Homicide

Charlie Kato

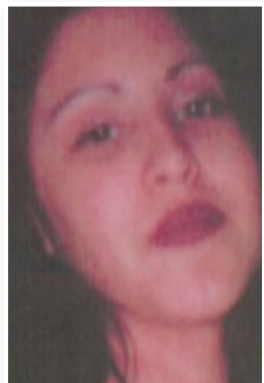


On Wednesday, March 5, 2003, Charlie Kato was shot and killed in the 1 block of Goodson Drive, Houston, Texas. During the incident, the victim was taking out the garbage. The unknown suspect approached him and opened fire, striking the victim multiple times. The suspects fled the scene on foot. The victim died because of the gunshot injuries sustained. If you have any information on this homicide, please contact the TDCJ Crime Stoppers Office at P.O. Box 1855, Huntsville, TX 77340. TDCJ Crime Stoppers will pay \$50 up to \$1,000 for information leading to the arrest, filing of charges, or indictment of person or persons that committed a felony crime or is a wanted fugitive. Crime Stoppers guarantees your anonymity.

Unsolved Homicide



Erica Garcia



On June 7, 1997, at 7:45 a.m., a security guard discovered the body of 14-year-old Erica Garcia inside the abandoned Alief General Hospital, 11101 Bellaire, Houston, Texas. Authorities said the young girl had been beaten, raped and strangled. Erica was dropped off at a local teen club called New Dimension on June 6, 1997, and investigators believe Erica and a friend left the teen club and met up with a larger group of friends at a nearby apartment. The teens went to Bachatu Grill Club on the corner of Boone and Bellaire Boulevard near the hospital. Investigators and family members are asking for any information that could lead to a break in the case and bring justice for Erica. If you have any information regarding this homicide, you can contact Crime Stoppers of Houston at 3001 Main Street, Houston, TX, 77002 or Behind the Walls at P.O. Box 1855, Huntsville, TX, 77340. TDCJ Crime Stoppers will pay \$50 up to \$1,000 for information leading to the arrest, filing of charges, or indictment of person or persons that committed a felony crime or is a wanted fugitive. Crime Stoppers guarantees your anonymity.

Preparing for Inclement Weather: Recognition of Cold-Related Illness, Injury

Frostbite

Not only can wind chill cause a rapid body heat loss, it also can cause frostbite—the freezing of body tissue. Frostbite can occur in 15 minutes or less at wind chill values of 18 below zero or lower. Residents can be at an increased risk to frostbite because of factors such as exhaustion, hunger and dehydration, which further lower the body's defenses against cold.

Hypothermia

Hypothermia is a condition occurring when the body loses heat faster than it can produce it. With the onset of this condition, blood vessels in the skin constrict (i.e., tighten) in an attempt to conserve vital internal body heat, thus affecting the hands and feet first. Hypothermia, the severe or prolonged loss of body heat, begins when a person's body temperature falls below 95 degrees. Because the temperature drop may be gradual, and an early symptom of hypothermia is mental confusion, the victim may not know a problem exists. If

one's body continues to lose heat, involuntary shivers begin. This reaction is the body's way to produce more heat and is usually the first real warning sign of hypothermia. Further heat loss produces speech difficulty, forgetfulness, loss of manual dexterity, collapse and finally death.

Some residents can be at an increased risk to hypothermia if they have predisposing health conditions or take certain medications. Some of these conditions include cardiovascular disease, diabetes, hypertension, poor physical condition, poor diet, and/or advanced age.

Watch for the following symptoms of frostbite:

- * cold, white and hard skin;
- * pain;
- * itching;
- * loss of feeling in the affected area;
- * spots or blotches on skin;

- * swelling and blistering;
- * skin becomes red and blotchy; and
- * tissue loss, depending on the severity of the frostbite.

Watch for the following symptoms of hypothermia:

- * confusion;
- * drowsiness;
- * slurred speech;
- * a drop in blood pressure;
- * shallow breathing; and
- * a pinkish tint to the skin.

Report all incidents of cold-related illness to a staff member immediately. €

ART EXPO

Want your craft shop goods featured in *The ECHO*? Request your unit's craft shop supervisor or the campus principal take a digital photo and email it to: Bambi.Kiser@wsdtx.org.

For regular artwork, send it to: *The ECHO* c/o Windham Admin. Bldg., P.O. Box 40, Huntsville, TX 77342-0040.

Drawing pads and/or illustration boards preferred. Half and quarter boards welcome. Artwork cannot be returned.



The Joker | Javier Guerra
Air Brush on Illustration Board | 15" x 20"



Be Kind, Please Rewind | J. P. Schnizer
Color Pencil on Illustration Board | 8.5" x 11"

Venom | Santiago Juarez
Watercolor on Illustration Board | 15" x 20"



Wicked Company | Rudy Delacruz
Colored Pencils
on Illustration Board | 11" x 14"



art expo



JOB OPENINGS

TCI

Wynne Sign and Plastics Factory

Texas Department of Criminal Justice



Unit List: Wynne Unit
Workers for the Following Position:
Sign Painter



Minimum Requirements:

- Must be classified as G2 or G3 status
- Have experience with airbrush painting and fine detail hand painting
- Have experience painting on wood and sign foam
- Must have a good attitude and work ethic
- Must be able to work 4:30 a.m.-12:30 p.m., Monday-Friday
- Must be able to accept constructive criticism
- Have a minimum of two years left in TDCJ
- Have no major disciplinary cases within the past year
- No medical/work restrictions that would prohibit performing job duties



Attention:

Applicants:

If you are interested, send an I-60 or letter with all of your work experience to:

Wynne Unit Sign and Plastics Factory

Ms. Whitney, Plant Manager

810 FM 2821

Huntsville, Texas 77349

All eligible workers are encouraged to apply.



Home games are in ALL CAPS

DALLAS COWBOYS

Sept. 4	at Philadelphia	7:20 p.m.	NBC
Sept. 14	N.Y. GIANTS	12:00 p.m.	FOX
Sept. 21	at Chicago	3:25 p.m.	FOX
Sept. 28	GREEN BAY	7:20 p.m.	NBC
Oct. 5	at N.Y. Jets	12:00 p.m.	FOX
Oct. 12	at Carolina	12:00 p.m.	FOX
Oct. 19	WASHINGTON	3:25 p.m.	FOX
Oct. 26	at Denver	3:25 p.m.	CBS
Nov. 3	ARIZONA	7:15 p.m.	ABC/ESPN
Nov. 9	BYE		
Nov. 17	at Las Vegas	7:15 p.m.	ABC/ESPN
Nov. 23	PHILADELPHIA	3:25 p.m.	FOX
Nov. 27	KANSAS CITY	3:30 p.m.	CBS
Dec. 4	at Detroit	7:15 p.m.	PRIME
Dec. 14	MINNESOTA	7:20 p.m.	NBC
Dec. 21	L.A. CHARGERS	12:00 p.m.	FOX
Dec. 25	at Washington	12:00 p.m.	NETFLIX
TBD	at N.Y. Giants	TBD	TBD

HOUSTON TEXANS

Sept. 7	at L.A. Rams	3:25 p.m.	CBS
Sept. 15	TAMPA BAY	6:00 p.m.	ABC
Sept. 21	at Jacksonville	12:00 p.m.	CBS
Sept. 28	TENNESSEE	12:00 p.m.	CBS
Oct. 5	at Baltimore	12:00 p.m.	CBS
Oct. 12	BYE		
Oct. 20	at Seattle	9:00 p.m.	ESPN+
Oct. 26	SAN FRANCISCO	12:00 p.m.	FOX
Nov. 2	DENVER	12:00 p.m.	FOX
Nov. 9	JACKSONVILLE	12:00 p.m.	CBS
Nov. 16	at Tennessee	12:00 p.m.	FOX
Nov. 20	BUFFALO	7:15 p.m.	PRIME
Nov. 30	at Indianapolis	12:00 p.m.	CBS
Dec. 7	at Kansas City	7:20 p.m.	NBC
Dec. 14	ARIZONA	12:00 p.m.	FOX
Dec. 21	LAS VEGAS	3:25 p.m.	CBS
TBD	at L.A. Chargers	TBD	TBD
TBD	INDIANAPOLIS	TBD	TBD

ARIZONA CARDINALS

Sept. 7	at New Orleans	12:00 p.m.
Sept. 14	CAROLINA	3:05 p.m.
Sept. 21	at San Francisco	3:25 p.m.
Sept. 25	SEATTLE	7:15 p.m.
Oct. 5	TENNESSEE	3:05 p.m.
Oct. 12	at Indianapolis	12:00 p.m.
Oct. 19	GREEN BAY	3:25 p.m.
Oct. 26	BYE	
Nov. 3	at Dallas	7:15 p.m.
Nov. 9	at Seattle	3:05 p.m.
Nov. 16	SAN FRANCISCO	3:05 p.m.
Nov. 23	JACKSONVILLE	3:05 p.m.
Nov. 30	at Tampa Bay	12:00 p.m.
Dec. 7	L.A. RAMS	3:25 p.m.
Dec. 14	at Houston	12:00 p.m.
Dec. 21	ATLANTA	3:05 p.m.
TBD	at Cincinnati	TBD
TBD	at L.A. Rams	TBD

ATLANTA FALCONS

Sept. 7	TAMPA BAY	12:00 p.m.
Sept. 14	at Minnesota	7:20 p.m.
Sept. 21	at Carolina	12:00 p.m.
Sept. 28	WASHINGTON	12:00 p.m.
Oct. 5	BYE	
Oct. 13	BUFFALO	6:15 p.m.
Oct. 19	at San Francisco	7:20 p.m.
Oct. 26	MIAMI	12:00 p.m.
Nov. 2	at New England	12:00 p.m.
Nov. 9	Indianapolis	8:30 a.m.
Nov. 16	CAROLINA	12:00 p.m.
Nov. 23	at New Orleans	3:25 p.m.
Nov. 30	at N.Y. Jets	12:00 p.m.
Dec. 7	SEATTLE	12:00 p.m.
Dec. 11	at Tampa Bay	7:15 p.m.
Dec. 21	at Arizona	3:05 p.m.
Dec. 29	L.A. RAMS	7:15 p.m.
TBD	NEW ORLEANS	TBD

BALTIMORE RAVENS

Sept. 7	at Buffalo	7:20 p.m.
Sept. 14	CLEVELAND	12:00 p.m.
Sept. 22	DETROIT	7:15 p.m.
Sept. 28	at Kansas City	3:25 p.m.
Oct. 5	HOUSTON	12:00 p.m.
Oct. 12	L.A. RAMS	12:00 p.m.
Oct. 19	BYE	
Oct. 26	CHICAGO	12:00 p.m.
Oct. 30	at Miami	7:15 p.m.
Nov. 9	at Minnesota	12:00 p.m.
Nov. 16	at Cleveland	3:25 p.m.
Nov. 23	N.Y. JETS	12:00 p.m.
Nov. 27	CINCINNATI	7:20 p.m.
Dec. 7	PITTSBURGH	12:00 p.m.
Dec. 14	at Cincinnati	12:00 p.m.
Dec. 21	NEW ENGLAND	12:00 p.m.
TBD	at Green Bay	TBD
TBD	at Pittsburgh	TBD



BUFFALO BILLS

Sept. 7	BALTIMORE	7:20 p.m.
Sept. 14	at N.Y. Jets	12:00 p.m.
Sept. 18	MIAMI	7:15 p.m.
Sept. 28	NEW ORLEANS	12:00 p.m.
Oct. 5	NEW ENGLAND	7:20 p.m.
Oct. 13	at Atlanta	6:15
Oct. 19	BYE	
Oct. 26	at Carolina	12:00 p.m.
Nov. 2	KANSAS CITY	3:25 p.m.
Nov. 9	at Miami	12:00 p.m.
Nov. 16	TAMPA BAY	12:00 p.m.
Nov. 20	at Houston	7:15 p.m.
Nov. 30	at Pittsburgh	3:25 p.m.
Dec. 7	CINCINNATI	3:25 p.m.
Dec. 14	at New England	12:00 p.m.
Dec. 21	at Cleveland	12:00 p.m.
Dec. 28	PHILADELPHIA	3:25 p.m.
TBD	N.Y. JETS	TBD

CAROLINA PANTHERS

Sept. 7	at Jacksonville	12:00 p.m.
Sept. 14	at Arizona	3:05 p.m.
Sept. 21	ATLANTA	12:00 p.m.
Sept. 28	at New England	12:00 p.m.
Oct. 5	MIAMI	12:00 p.m.
Oct. 12	DALLAS	12:00 p.m.
Oct. 19	at N.Y. Jets	12:00 p.m.
Oct. 26	BUFFALO	12:00 p.m.
Nov. 2	at Green Bay	12:00 p.m.
Nov. 9	NEW ORLEANS	12:00 p.m.
Nov. 16	at Atlanta	12:00 p.m.
Nov. 24	at San Francisco	7:15 p.m.
Nov. 30	L.A. RAMS	12:00 p.m.
Dec. 7	BYE	
Dec. 14	at New Orleans	3:25 p.m.
Dec. 21	TAMPA BAY	12:00 p.m.
TBD	SEATTLE	TBD
TBD	at Tampa Bay	TBD

CHICAGO BEARS

Sept.8	MINNESOTA	7:15 p.m.
Sept. 14	at Detroit	12:00 p.m.
Sept. 21	DALLAS	3:25 p.m.
Sept. 28	at Las Vegas	3:25 p.m.
Oct. 5	BYE	
Oct. 13	at Washington	7:15 p.m.
Oct. 19	NEW ORLEANS	12:00 p.m.
Oct. 26	at Baltimore	12:00 p.m.
Nov. 2	at Cincinnati	12:00 p.m.
Nov. 9	N.Y. GIANTS	12:00 p.m.
Nov. 16	at Minnesota	12:00 p.m.
Nov. 23	PITTSBURGH	12:00 p.m.
Nov. 28	at Philadelphia	2:00
Dec. 7	at Green Bay	12:00 p.m.
Dec. 14	CLEVELAND	12:00 p.m.
Dec. 20	GREEN BAY	TBD
Dec. 28	at San Francisco	7:20 p.m.
TBD	DETROIT	TBD

CINCINNATI BENGALS

Sept. 7	at Cleveland	12:00 p.m.
Sept. 14	JACKSONVILLE	12:00 p.m.
Sept. 21	at Minnesota	12:00 p.m.
Sept. 29	at Denver	7:15 p.m.
Oct. 5	DETROIT	3:25 p.m.
Oct. 12	at Green Bay	3:25 p.m.
Oct. 16	PITTSBURGH	7:15 p.m.
Oct. 26	N.Y. JETS	12:00 p.m.
Nov. 2	CHICAGO	12:00 p.m.
Nov. 9	BYE	
Nov. 16	at Pittsburgh	12:00 p.m.
Nov. 23	NEW ENGLAND	12:00 p.m.
Nov. 27	at Baltimore	7:20 p.m.
Dec. 7	at Buffalo	3:25 p.m.
Dec. 14	BALTIMORE	12:00 p.m.
Dec. 21	at Miami	7:20 p.m.
TBD	ARIZONA	TBD
TBD	CLEVELAND	TBD



CLEVELAND BROWNS

Sept. 7	CINCINNATI	12:00 p.m.
Sept. 14	at Baltimore	12:00 p.m.
Sept. 21	GREEN BAY	12:00 p.m.
Sept. 28	at Detroit	12:00 p.m.
Oct. 5	Minnesota	8:30 a.m.
Oct. 12	at Pittsburgh	12:00 p.m.
Oct. 19	MIAMI	12:00 p.m.
Oct. 26	at New England	12:00 p.m.
Nov. 2	BYE	
Nov. 9	at N.Y. Jets	12:00 p.m.
Nov. 16	BALTIMORE	3:25 p.m.
Nov. 23	at Las Vegas	3:05 p.m.
Nov. 30	SAN FRANCISCO	12:00 p.m.
Dec. 7	TENNESSEE	12:00 p.m.
Dec. 14	at Chicago	12:00 p.m.
Dec. 21	BUFFALO	12:00 p.m.
Dec. 28	PITTSBURGH	12:00 p.m.
TBD	at Cincinnati	TBD

DENVER BRONCOS

Sept. 7	TENNESSEE	3:05 p.m.
Sept. 14	at Indianapolis	3:05 p.m.
Sept. 21	at L.A. Chargers	3:05 p.m.
Sept. 29	CINCINNATI	7:15 p.m.
Oct. 5	at Philadelphia	12:00 p.m.
Oct. 12	N.Y. Jets	8:30 a.m.
Oct. 19	N.Y. GIANTS	3:05 p.m.
Oct. 26	DALLAS	3:25 p.m.
Nov. 2	at Houston	12:00 p.m.
Nov. 6	LAS VEGAS	7:15 p.m.
Nov. 16	KANSAS CITY	3:25 p.m.
Nov. 23	BYE	
Nov. 30	at Washington	7:20 p.m.
Dec. 7	at Las Vegas	3:05 p.m.
Dec. 14	GREEN BAY	3:25 p.m.
Dec. 21	JACKSONVILLE	3:05 p.m.
Dec. 25	at Kansas City	7:15 p.m.
TBD	L.A. CHARGERS	TBD

DETROIT LIONS

Sept. 7	at Green Bay	3:25 p.m.
Sept. 14	CHICAGO	12:00 p.m.
Sept. 22	at Baltimore	7:15 p.m.
Sept. 28	CLEVELAND	12:00 p.m.
Oct. 5	at Cincinnati	3:25 p.m.
Oct. 12	at Kansas City	7:20 p.m.
Oct. 20	TAMPA BAY	6:00 p.m.
Oct. 26	BYE	
Nov. 2	MINNESOTA	12:00 p.m.
Nov. 9	at Washington	3:25 p.m.
Nov. 16	at Philadelphia	7:20 p.m.
Nov. 23	N.Y. GIANTS	12:00 p.m.
Nov. 27	GREEN BAY	12:00 p.m.
Dec. 4	DALLAS	7:15 p.m.
Dec. 14	at L.A. Rams	3:25 p.m.
Dec. 21	PITTSBURGH	3:25 p.m.
Dec. 25	at Minnesota	3:30
TBD	at Chicago	TBD

GREEN BAY PACKERS

Sept. 7	DETROIT	3:25 p.m.
Sept. 11	WASHINGTON	7:15 p.m.
Sept. 21	at Cleveland	12:00 p.m.
Sept. 28	at Dallas	7:20 p.m.
Oct. 5	BYE	
Oct. 12	CINCINNATI	3:25 p.m.
Oct. 19	at Arizona	3:25 p.m.
Oct. 26	at Pittsburgh	7:20 p.m.
Nov. 2	CAROLINA	12:00 p.m.
Nov. 10	PHILADELPHIA	7:15 p.m.
Nov. 16	at N.Y. Giants	12:00 p.m.
Nov. 23	MINNESOTA	12:00 p.m.
Nov. 27	at Detroit	12:00 p.m.
Dec. 7	CHICAGO	12:00 p.m.
Dec. 14	at Denver	3:25 p.m.
Dec. 20	at Chicago	TBD
TBD	BALTIMORE	TBD
TBD	at Minnesota	TBD

INDIANAPOLIS COLTS

Sept. 7	MIAMI	12:00 p.m.
Sept. 14	DENVER	3:05 p.m.
Sept. 21	at Tennessee	12:00 p.m.
Sept. 28	at L.A. Rams	3:05 p.m.
Oct. 5	LAS VEGAS	12:00 p.m.
Oct. 12	ARIZONA	12:00 p.m.
Oct. 19	at L.A. Chargers	3:05 p.m.
Oct. 26	TENNESSEE	3:25 p.m.
Nov. 2	at Pittsburgh	12:00 p.m.
Nov. 9	Atlanta	8:30 a.m.
Nov. 16	BYE	
Nov. 23	at Kansas City	12:00 p.m.
Nov. 30	HOUSTON	12:00 p.m.
Dec. 7	at Jacksonville	12:00 p.m.
Dec. 14	at Seattle	3:25 p.m.
Dec. 22	SAN FRANCISCO	7:15 p.m.
Dec. 28	JACKSONVILLE	12:00 p.m.
TBD	at Houston	TBD

JACKSONVILLE JAGUARS

Sept. 7	CAROLINA	12:00 p.m.
SEPT. 14	at Cincinnati	12:00 p.m.
Sept. 21	HOUSTON	12:00 p.m.
Sept. 28	at San Francisco	3:05 p.m.
Oct. 6	KANSAS CITY	7:15 p.m.
Oct. 12	SEATTLE	12:00 p.m.
Oct. 19	L.A. Rams	8:30 a.m.
Oct. 26	BYE	
Nov. 2	at Las Vegas	3:05 p.m.
Nov. 9	at Houston	12:00 p.m.
Nov. 16	L.A. CHARGERS	12:00 p.m.
Nov. 23	at Arizona	3:05 p.m.
Nov. 30	at Tennessee	12:00 p.m.
Dec. 7	INDIANAPOLIS	12:00 p.m.
Dec. 14	N.Y. JETS	12:00 p.m.
Dec. 21	at Denver	3:05 p.m.
Dec. 28	at Indianapolis	12:00 p.m.
TBD	TENNESSEE	TBD

KANSAS CITY CHIEFS

Sept. 5	L.A. Chargers	7:00 p.m.
Sept. 14	PHILADELPHIA	3:25 p.m.
Sept. 21	at N.Y. Giants	7:20 p.m.
Sept. 28	BALTIMORE	3:25 p.m.
Oct. 6	at Jacksonville	7:15 p.m.
Oct. 12	DETROIT	7:20 p.m.
Oct. 19	LAS VEGAS	12:00 p.m.
Oct. 27	WASHINGTON	7:15 p.m.
Nov. 2	at Buffalo	3:25 p.m.
Nov. 9	BYE	
Nov. 16	at Denver	3:25 p.m.
Nov. 23	INDIANAPOLIS	12:00 p.m.
Nov. 27	at Dallas	3:30 p.m.
Dec. 7	HOUSTON	7:20 p.m.
Dec. 14	L.A. CHARGERS	12:00 p.m.
Dec. 21	at Tennessee	12:00 p.m.
Dec. 25	DENVER	7:15 p.m.
TBD	at Las Vegas	TBD

LAS VEGAS RAIDERS

Sept. 7	at New England	12:00 p.m.
Sept. 15	L.A. CHARGERS	9:00 p.m.
Sept. 21	at Washington	12:00 p.m.
Sept. 28	CHICAGO	3:25 p.m.
Oct. 5	at Indianapolis	12:00 p.m.
Oct. 12	TENNESSEE	3:05 p.m.
Oct. 19	at Kansas City	12:00 p.m.
Oct. 26	BYE	
Nov. 2	JACKSONVILLE	3:05 p.m.
Nov. 6	at Denver	7:15 p.m.
Nov. 17	DALLAS	7:15 p.m.
Nov. 23	CLEVELAND	3:05 p.m.
Nov. 30	at L.A. Chargers	3:25 p.m.
Dec. 7	DENVER	3:05 p.m.
Dec. 14	at Philadelphia	12:00 p.m.
Dec. 21	at Houston	3:25 p.m.
TBD	N.Y. GIANTS	TBD
TBD	KANSAS CITY	TBD



LOS ANGELES CHARGERS

Sept. 5	Kansas City	7:00 p.m.
Sept. 15	at Las Vegas	9:00 p.m.
Sept. 21	DENVER	3:05 p.m.
Sept. 28	at N.Y. Giants	12:00 p.m.
Oct. 5	WASHINGTON	3:25 p.m.
Oct. 12	at Miami	12:00 p.m.
Oct. 19	INDIANAPOLIS	3:05 p.m.
Oct. 23	MINNESOTA	7:15 p.m.
Nov. 2	at Tennessee	12:00 p.m.
Nov. 9	PITTSBURGH	7:20 p.m.
Nov. 16	at Jacksonville	12:00 p.m.
Nov. 23	BYE	
Nov. 30	LAS VEGAS	3:25 p.m.
Dec. 8	PHILADELPHIA	7:15 p.m.
Dec. 14	at Kansas City	12:00 p.m.
Dec. 21	at Dallas	12:00 p.m.
TBD	HOUSTON	TBD
TBD	at Denver	TBD

LOS ANGELES RAMS

Sept. 7	HOUSTON	3:25 p.m.
Sept. 14	at Tennessee	12:00 p.m.
Sept. 21	at Philadelphia	12:00 p.m.
Sept. 28	INDIANAPOLIS	3:05 p.m.
Oct. 2	SAN FRANCISCO	7:15 p.m.
Oct. 12	at Baltimore	12:00 p.m.
Oct. 19	Jacksonville	8:30 a.m.
Oct. 26	BYE	
Nov. 2	NEW ORLEANS	3:05 p.m.
Nov. 9	at San Francisco	3:25 p.m.
Nov. 16	SEATTLE	3:05 p.m.
Nov. 23	TAMPA BAY	7:20 p.m.
Nov. 30	at Carolina	12:00 p.m.
Dec. 7	at Arizona	3:25 p.m.
Dec. 14	DETROIT	3:25 p.m.
Dec. 18	at Seattle	7:15 p.m.
Dec. 29	at Atlanta	7:15 p.m.
TBD	ARIZONA	TBD

MIAMI DOLPHINS

Sept. 7	at Indianapolis	12:00 p.m.
Sept. 14	NEW ENGLAND	12:00 p.m.
Sept. 18	at Buffalo	7:15 p.m.
Sept. 29	N.Y. JETS	6:15 p.m.
Oct. 5	at Carolina	12:00 p.m.
Oct. 12	L.A. CHARGERS	12:00 p.m.
Oct. 19	at Cleveland	12:00 p.m.
Oct. 26	at Atlanta	12:00 p.m.
Oct. 30	BALTIMORE	7:15 p.m.
Nov. 9	BUFFALO	12:00 p.m.
Nov. 16	Washington	8:30 a.m.
Nov. 23	BYE	
Nov. 30	NEW ORLEANS	12:00 p.m.
Dec. 7	at N.Y. Jets	12:00 p.m.
Dec. 15	at Pittsburgh	7:15 p.m.
Dec. 21	CINCINNATI	7:20 p.m.
Dec. 28	TAMPA BAY	12:00 p.m.
TBD	at New England	TBD

MINNESOTA VIKINGS

Sept. 8	at Chicago	7:15 p.m.
Sept. 14	ATLANTA	7:20 p.m.
Sept. 21	CINCINNATI	12:00 p.m.
Sept. 28	Pittsburgh	8:30 a.m.
Oct. 5	Cleveland	8:30 a.m.
Oct. 12	BYE	
Oct. 19	PHILADELPHIA	12:00 p.m.
Oct. 23	at L.A. Chargers	7:15 p.m.
Nov. 2	at Detroit	12:00 p.m.
Nov. 9	BALTIMORE	12:00 p.m.
Nov. 16	CHICAGO	12:00 p.m.
Nov. 23	at Green Bay	12:00 p.m.
Nov. 30	at Seattle	3:05 p.m.
Dec. 7	WASHINGTON	12:00 p.m.
Dec. 14	at Dallas	7:20 p.m.
Dec. 21	at N.Y. Giants	12:00 p.m.
Dec. 25	DETROIT	3:30 p.m.
TBD	GREEN BAY	TBD

NEW ENGLAND PATRIOTS

Sept. 7	LAS VEGAS	12:00 p.m.
Sept. 14	at Miami	12:00 p.m.
Sept. 21	PITTSBURGH	12:00 p.m.
Sept. 28	CAROLINA	12:00 p.m.
Oct. 5	at Buffalo	7:20 p.m.
Oct. 12	at New Orleans	3:25 p.m.
Oct. 19	at Tennessee	12:00 p.m.
Oct. 26	CLEVELAND	12:00 p.m.
Nov. 2	ATLANTA	12:00 p.m.
Nov. 9	at Tampa Bay	12:00 p.m.
Nov. 13	N.Y. JETS	7:15 p.m.
Nov. 23	at Cincinnati	12:00 p.m.
Dec. 1	N.Y. GIANTS	7:15 p.m.
Dec. 7	BYE	
Dec. 14	BUFFALO	12:00 p.m.
Dec. 21	at Baltimore	12:00 p.m.
Dec. 28	at N.Y. Jets	12:00 p.m.
TBD	MIAMI	TBD

NEW ORLEANS SAINTS

Sept. 7	ARIZONA	12:00 p.m.
Sept. 14	SAN FRANCISCO	12:00 p.m.
Sept. 21	at Seattle	3:05 p.m.
Sept. 28	at Buffalo	12:00 p.m.
Oct. 5	N.Y. GIANTS	12:00 p.m.
Oct. 12	NEW ENGLAND	3:25 p.m.
Oct. 19	at Chicago	12:00 p.m.
Oct. 26	TAMPA BAY	3:05 p.m.
Nov. 2	at L.A. Rams	3:05 p.m.
Nov. 9	at Carolina	12:00 p.m.
Nov. 16	BYE	
Nov. 23	ATLANTA	3:25 p.m.
Nov. 30	at Miami	12:00 p.m.
Dec. 7	at Tampa Bay	12:00 p.m.
Dec. 14	CAROLINA	3:25 p.m.
Dec. 21	N.Y. JETS	12:00 p.m.
Dec. 28	at Tennessee	12:00 p.m.
TBD	at Atlanta	TBD





NEW YORK GIANTS

Sept. 7	at Washington	12:00 p.m.
Sept. 14	at Dallas	12:00 p.m.
Sept. 21	KANSAS CITY	7:20 p.m.
Sept. 28	L.A. CHARGERS	12:00 p.m.
Oct. 5	at New Orleans	12:00 p.m.
Oct. 9	PHILADELPHIA	7:15 p.m.
Oct. 19	at Denver	3:05 p.m.
Oct. 26	at Philadelphia	12:00 p.m.
Nov. 2	SAN FRANCISCO	12:00 p.m.
Nov. 9	at Chicago	12:00 p.m.
Nov. 16	GREEN BAY	12:00 p.m.
Nov. 23	at Detroit	12:00 p.m.
Dec. 1	at New England	7:15 p.m.
Dec. 7	BYE	
Dec. 14	WASHINGTON	12:00 p.m.
Dec. 21	MINNESOTA	12:00 p.m.
TBD	at Las Vegas	TBD
TBD	DALLAS	TBD

NEW YORK JETS

Sept. 7	PITTSBURGH	12:00 p.m.
Sept. 14	BUFFALO	12:00 p.m.
Sept. 21	at Tampa Bay	12:00 p.m.
Sept. 29	at Miami	6:15 p.m.
Oct. 5	DALLAS	12:00 p.m.
Oct. 12	Denver	8:30 a.m.
Oct. 19	CAROLINA	12:00 p.m.
Oct. 26	at Cincinnati	12:00 p.m.
Nov. 2	BYE	
Nov. 9	CLEVELAND	12:00 p.m.
Nov. 13	at New England	7:15 p.m.
Nov. 23	at Baltimore	12:00 p.m.
Nov. 30	ATLANTA	12:00 p.m.
Dec. 7	MIAMI	12:00 p.m.
Dec. 14	at Jacksonville	12:00 p.m.
Dec. 21	at New Orleans	12:00 p.m.
Dec. 28	NEW ENGLAND	12:00 p.m.
TBD	at Buffalo	TBD

PHILADELPHIA EAGLES

Sept. 4	DALLAS	7:20 p.m.
Sept. 14	at Kansas City	3:25 p.m.
Sept. 21	L.A. RAMS	12:00 p.m.
Sept. 28	at Tampa Bay	12:00 p.m.
Oct. 5	DENVER	12:00 p.m.
Oct. 9	at N.Y. Giants	7:15 p.m.
Oct. 19	at Minnesota	12:00 p.m.
Oct. 26	N.Y. GIANTS	12:00 p.m.
Nov. 2	BYE	
Nov. 10	at Green Bay	7:15 p.m.
Nov. 16	DETROIT	7:20 p.m.
Nov. 23	at Dallas	3:25 p.m.
Nov. 28	CHICAGO	2:00 p.m.
Dec. 8	at L.A. Chargers	7:15 p.m.
Dec. 14	LAS VEGAS	12:00 p.m.
Dec. 20	at Washington	TBD
Dec. 28	at Buffalo	3:25 p.m.
TBD	WASHINGTON	TBD

PITTSBURGH STEELERS

Sept. 7	at N.Y. Jets	12:00 p.m.
Sept. 14	SEATTLE	12:00 p.m.
Sept. 21	at New England	12:00 p.m.
Sept. 28	MINNESOTA	8:30 a.m.
Oct. 5	BYE	
Oct. 12	CLEVELAND	12:00 p.m.
Oct. 16	at Cincinnati	7:15 p.m.
Oct. 26	GREEN BAY	7:20 p.m.
Nov. 2	INDIANAPOLIS	12:00 p.m.
Nov. 9	at L.A. Chargers	7:20 p.m.
Nov. 16	CINCINNATI	12:00 p.m.
Nov. 23	at Chicago	12:00 p.m.
Nov. 30	BUFFALO	3:25 p.m.
Dec. 7	at Baltimore	12:00 p.m.
Dec. 15	MIAMI	7:15 p.m.
Dec. 21	at Detroit	3:25 p.m.
Dec. 28	at Cleveland	12:00 p.m.
TBD	BALTIMORE	TBD

SAN FRANCISCO 49ers

Sept. 7	at Seattle	3:05 p.m.
Sept. 14	at New Orleans	12:00 p.m.
Sept. 21	ARIZONA	3:25 p.m.
Sept. 28	JACKSONVILLE	3:05 p.m.
Oct. 2	at L.A. Rams	7:15 p.m.
Oct. 12	at Tampa Bay	12:00 p.m.
Oct. 19	ATLANTA	7:20 p.m.
Oct. 26	at Houston	12:00 p.m.
Nov. 2	at N.Y. Giants	12:00 p.m.
Nov. 9	L.A. RAMS	3:25 p.m.
Nov. 16	at Arizona	3:05 p.m.
Nov. 24	CAROLINA	7:15 p.m.
Nov. 30	at Cleveland	12:00 p.m.
Dec. 7	BYE	
Dec. 14	TENNESSEE	3:25 p.m.
Dec. 22	at Indianapolis	7:15 p.m.
Dec. 28	CHICAGO	7:20 p.m.
TBD	SEATTLE	TBD

SEATTLE SEAHAWKS

Sept. 7	SAN FRANCISCO	3:05 p.m.
Sept. 14	at Pittsburgh	12:00 p.m.
Sept. 21	NEW ORLEANS	3:05 p.m.
Sept. 25	at Arizona	7:15 p.m.
Oct. 5	TAMPA BAY	3:05 p.m.
Oct. 12	at Jacksonville	12:00 p.m.
Oct. 20	HOUSTON	9:00 p.m.
Oct.	BYE	
Nov. 2	at Washington	7:20 p.m.
Nov. 9	ARIZONA	3:05 p.m.
Nov. 16	at L.A. Rams	3:05 p.m.
Nov. 23	at Tennessee	12:00 p.m.
Nov. 30	MINNESOTA	3:05 p.m.
Dec. 7	at Atlanta	12:00 p.m.
Dec. 14	INDIANAPOLIS	3:25 p.m.
Dec. 18	L.A. RAMS	7:15 p.m.
TBD	at Carolina	TBD
TBD	at San Francisco	TBD



TAMPA BAY BUCCANEERS

Sept. 7	at Atlanta	12:00 p.m.
Sept. 15	at Houston	6:00 p.m.
Sept. 21	N.Y. JETS	12:00 p.m.
Sept. 28	PHILADELPHIA	12:00 p.m.
Oct. 5	at Seattle	3:05 p.m.
Oct. 12	SAN FRANCISCO	12:00 p.m.
Oct. 20	at Detroit	6:00 p.m.
Oct. 26	at New Orleans	3:05 p.m.
Nov. 2	BYE	
Nov. 9	NEW ENGLAND	12:00 p.m.
Nov. 16	at Buffalo	12:00 p.m.
Nov. 23	at L.A. Rams	7:20 p.m.
Nov. 30	ARIZONA	12:00 p.m.
Dec. 7	NEW ORLEANS	12:00 p.m.
Dec. 11	ATLANTA	7:15 p.m.
Dec. 21	at Carolina	12:00 p.m.
Dec. 28	at Miami	12:00 p.m.
TBD	CAROLINA	TBD

TENNESSEE TITANS

Sept. 7	at Denver	3:05 p.m.
Sept. 14	L.A. RAMS	12:00 p.m.
Sept. 21	INDIANAPOLIS	12:00 p.m.
Sept. 28	at Houston	12:00 p.m.
Oct. 5	at Arizona	3:05 p.m.
Oct. 12	at Las Vegas	3:05 p.m.
Oct. 19	NEW ENGLAND	12:00 p.m.
Oct. 26	at Indianapolis	3:25 p.m.
Nov. 2	L.A. CHARGERS	12:00 p.m.
Nov. 9	BYE	
Nov. 16	HOUSTON	12:00 p.m.
Nov. 23	SEATTLE	12:00 p.m.
Nov. 30	JACKSONVILLE	12:00 p.m.
Dec. 7	at Cleveland	12:00 p.m.
Dec. 14	at San Francisco	3:25 p.m.
Dec. 21	KANSAS CITY	12:00 p.m.
Dec. 28	NEW ORLEANS	12:00 p.m.
TBD	at Jacksonville	TBD

WASHINGTON COMMANDERS

Sept. 7	N.Y. GIANTS	12:00 p.m.
Sept. 11	at Green Bay	7:15 p.m.
Sept. 21	LAS VEGAS	12:00 p.m.
Sept. 28	at Atlanta	12:00 p.m.
Oct. 5	at L.A. Chargers	3:25 p.m.
Oct. 13	CHICAGO	7:15 p.m.
Oct. 19	at Dallas	3:25 p.m.
Oct. 27	at Kansas City	7:15 p.m.
Nov. 2	SEATTLE	7:20 p.m.
Nov. 9	DETROIT	3:25 p.m.
Nov. 16	Miami	8:30 a.m.
Nov. 23	BYE	
Nov. 30	DENVER	7:20 p.m.
Dec. 7	at Minnesota	12:00 p.m.
Dec. 14	at N.Y. Giants	12:00 p.m.
Dec. 20	PHILADELPHIA	TBD
Dec. 25	DALLAS	12:00 p.m.
TBD	at Philadelphia	TBD





2025 TEXAS A & M FOOTBALL SCHEDULE

Date	Team	Place
Sep 27	Auburn	College Station, TX
Oct 4	Miss. State	College Station, TX
Oct 11	Florida	College Station, TX
Oct 18	@Arkansas	Fayetteville, AR
Oct 25	@LSU	Baton Rouge, LA
Nov 1	Open Week	
Nov 8	@Missouri	Columbia, MO
Nov 15	South Carolina	College Station, TX
Nov 22	Samford	College Station, TX
Nov 29	@ Texas	Austin, TX



2025 UNIVERSITY OF TEXAS

Date	Team	Place
Oct 4	@ Florida	Florida
Oct 11	Oklahoma	Austin, TX
Oct 18	@ Kentucky	Kentucky
Oct 25	@ Miss State	Miss State
Nov 1	Vanderbilt	Austin, TX
Nov 8	Open Week	
Nov 15	@ Georgia	Georgia
Nov 22	Arkansas	Austin, TX
Nov 28	Texas A&M	Austin, TX

Note From The Editor:

Thank you for your many great comments concerning

The ECHO's digital magazine format on the tablets!

FYI: Traditional newsprint issues are still being printed and delivered in smaller quantities to the units and to other interested stakeholders. For readers outside of TDCJ, such as family members, friends and others, *The ECHO* is now offered as a worldwide publication, available for free on the internet via the Windham School District and TDCJ websites: (at wsdtx.org and tdcj.texas.gov). Readers who search for "*The ECHO* Newspaper" will be treated to the latest edition and recent back issues. Please let your loved ones know this is where they will find news of your accomplishments and success stories, along with creative efforts, opportunities for growth, and agency updates. They can see it at the same time as you!

The ECHO has been serving readers since 1928, bringing news and tools needed to change futures. We appreciate the unique opportunity to write and publish for the men and women of TDCJ — along with those who care about them.

Please keep writing! Your input is awaited, valued and enjoyed!

**Best regards always,
Bambi Kiser
Managing Editor
The ECHO**

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- G2 custody level
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- Computer experience is preferred, but not required

Be prepared for a phone interview and to offer references to previously held TDCJ positions. You will be notified if you have been accepted.

**Optimism is
the faith
that leads to
achievement.
Nothing can
be done
without hope
and confidence.**

— Helen Keller